EDOS Welcomes Shabbos Nachamu Scholars-in-Residence

Dr. Yitzchak Schechter

Prof. Shoshana Schechter

Shabbos Parshas Va'eschanan
Shabbos Nachamu | July 24 & 25, 2026

Friday Night, after Kabbalat Shabbat
Dr. Yitzchak Schechter
The Nechama (Consolation) of Kabbalas Shabbos

Shabbat Morning Drasha
Dr. Yitzchak Schechter
Desire, Disappointment, Acceptance and Living: The Psychological Comforting of Shabbos Nachamu

Shabbat Afternoon Shiur
Prof. Shoshana Schechter
Am Yisrael Chai: Covenant, Connection and Continuity

Family Seudah Shlishit
Prof. Shoshana Schechter & Dr. Yitzchak Schechter
Educating Hearts and Minds: Conversations and Q&A from the Front Lines of Psychology and Jewish Education

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Dr. Yitzchak Schechter, a recognized leader in emotional and behavioral health care in the Jewish community, is a clinical psychologist and Director of The Center for Applied Psychology (CAPs) at Bikur Cholim in Monsey New York. He launched the Institute for Applied Research and Community Collaboration (ARCC), a unique institute whose mission is to conduct, analyze and disseminate rigorous research on psychiatric, psychological and social issues of the frum community in an effort to empirically base and guide decision making, resource allocation and program development.

Prof. Shoshana Schechter is the Dean of Torah Studies at Stern College for Women and the director of the Mechina program at the college. She is a graduate of Stern College for Women, with a B.S. in both Judaic Studies and English Literature and holds master's degrees from Bernard Revel Graduate School of Jewish Studies and Columbia University School of Journalism. She is a PhD student at Wurzweiler school of social work. Shoshana is a frequent lecturer on topics in Tanach and has been involved in Jewish outreach programs on four continents. She has taught classes in YU's community beit midrash as well as classes for the OU Women's Initiative Virtual Beit Midrash program, Nach Yomi and Torah Imecha.

The Schechters live in New Hempstead, NY with their five children.

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